

Year Group	Intent/Rationale	Autumn	Spring	Summer
Year 7 (JK/DT)	Introduction to new PSHE curriculum All 6 core themes covered throughout the year (see below) Identity as first topic in order to develop a culture of tolerance within PSHE lessons, followed by puberty to ensure that pupils understand their changes bodies at the earliest opportunity (after building initial relationships with staff and feeling comfortable/confident to discuss this sensitive issue. Voting and elections covered in the summer term to coincide with when these events take place.	Celebrating Diversity and Equality (JK) Identity Citizenship Nationalities Life beyond School (LW) Communities Sleep Teamwork Skills & Qualities	Staying Safe (DT) Drugs Gangs Knife Crime Peer Pressure Health and Well-Being (JK) Puberty Body Development Periods Emotions	Rights, Responsibilities and British Values (JK) Voting General Elections Democracy Making Laws Relationships and Sex Education (DT) Consent Friendships Toxic Masculinity Positivity
Year 8 (TH/JK)	All 6 core themes covered – one per half term. Focus on staying safe and acting within the law. Focus on self esteem and body image in Autumn term to ensure availability of specialist teacher (PE teacher within department). RSE topics have a greater focus on different types of relationships, building upon the understanding of their own bodies that was developed in year 7.	Life beyond School (TH) Self Esteem Body Image Budgeting & Finance Careers Rights, Responsibilities and British Values (JK) Law Rights Society Community	Celebrating Diversity and Equality (TH) LGBT Gender Issues Trans Issues Staying Safe (JK) County Lines (Gangs) Drugs Online Safety Alcohol	Relationships and Sex Education (TH) LGBT + Gender Love Consent Relationships Periods Health and Well-Being (JK) Health & Wellbeing Child Abuse Stress Management Healthy eating
Year 9 3CC (AG/TH) 3C (JK/JK)	Five of 6 core themes covered. Greater focus on relationships and sex education in year 9 due to the maturity levels of learners. While there is no half termly focus on celebrating diversity, this topic is interweaved in other topics as pupils consider the thoughts and beliefs of others, and different appearances in the media.	Rights, Responsibilities and British Values (AG) Terrorism Extremism Fake News Media Staying Safe (TH) Cannabis Illegal Drugs Drug Addiction Substance Abuse	Life beyond School (AG) First Aid Conflict Management Budgeting Relationships and Sex Education (TH) Consent FGM Contraception Sexual Health	Health and Well-Being (AG) Media & Airbrushing Grief & loss Cancer Prevention Body Confidence Relationships and Sex Education (TH) Contraception HIV and AIDS STI's and STD's Risky Activities in relationships

By the end of KS3 pupils will have a sound understanding of the changes in their bodies, positive relationships and how to keep themselves safe. They will be able to discuss a range of topics including sexual health, drugs (both legal and illegal) and the media. The aim is for our learners to have an appreciation of the world which enables them to confidently and safely navigate their worlds.

Year Group	Intent/Rationale	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10 (JK)	Maturity levels of pupils in Key Stage 4 allow for more “heavy” content to be covered. There is balance in the curriculum to ensure that “negative” topics are followed by something lighter to ensure that PSHE lessons do not have an impact on the Emotional Health and Wellbeing of our learners.	Rights, Responsibilities and British Values (JK) British Values Human Rights LGBT	Health and Well-Being (JK) Emotional Wellbeing Mental Health Child Abuse Self-Harm	Relationships and Sex Education (JK) Sexting Porn Sexual Abuse & Rape Domestic Violence	Life beyond School (JK) Consumer Rights Employment Rights Social Media Personal Finance	Staying Safe (JK) Honour Based violence Gambling Modern Day Slavery Knife Crime	Celebrating Diversity and Equality (JK) Fair Trade Women’s Rights AID Peace & Conflict
Year 11 (RS)	Focus on preparing for adulthood and life after school. Careers and CV writing is covered in the first half term to better prepare learners to make college applications (application process begins in October)	Life beyond School (LW) Careers CV Writing Interviews Personal Statements	Health and Well-Being (LW) Parenthood Pregnancy Love and Abuse Cancers Organ Donation and Medical Ethics	Relationships and Sex Education (RS) Contraception Cancer STIs and STD’s Sexual Health	Staying Safe (RS) Drugs Festivals Sexualisation of the Media		

By the end of KS4 learners will have built upon their understanding from KS3, with more focus on topics which require a greater level of maturity. They will have an understanding of mental health and how to be emotionally well, and will be prepared for life after school and some of the issues that may arise in their lives including sexual health, pregnancy and the world of work.

Year Group	Autumn		Spring		Summer	
7	Identity Citizenship Nationalities	Puberty Body Development Periods Emotions	Communities Sleep Team Work Skills & Qualities	Drugs Gangs Knife Crime Peer Pressure	Voting General Elections Democracy Making Laws	Consent Friendships Toxic Masculinity Positivity
8	Self Esteem Body Image Budgeting & Finance Careers	Law Rights Society Community	LGBT Gender Issues Trans Issues	LGBT + Gender Love Consent Relationships Periods	County Lines (Gangs) Drugs Online Safety Alcohol	Health & Wellbeing Child Abuse Stress Management Healthy eating
9	Terrorism Extremism Fake News Media	Consent FGM Contraception Sexual Health	Cannabis Illegal Drugs Drug Addiction Substance Abuse	First Aid Conflict Management Budgeting	Contraception HIV and AIDS STI's and STD's Risky Activities in relationships	Media & Airbrushing Grief & loss Cancer Prevention Body Confidence
10	British Values Human Rights LGBT	Emotional Wellbeing Mental Health Child Abuse Self Harm	Consumer Rights Employment Rights Social Media Personal Finance	Sexting Porn Sexual Abuse & Rape Domestic Violence	Honour Based violence Gambling Modern Day Slavery Knife Crime	Fair Trade Women's Rights AID Peace & Conflict
11	Careers CV Writing Interviews Personal Statements	Parenthood Pregnancy Love and Abuse Cancers Organ Donation and Medical Ethics	Contraception Cancer STIs and STD's Sexual Health	Drugs Festivals Sexualisation of the Media		
Celebrating Diversity and Equality		Health and Wellbeing	Rights, Responsibilities and British Values	Staying Safe Online and Offline	Life Beyond School	Relationship and Sex Education