

## High Point Academy Curriculum Overview – Life Skills

| Year Group | Intent/Rationale   | Autumn 1   | Autumn 2   | Spring 1  | Spring 2   | Summer 1   | Summer 2  |
|------------|--|--|--|---|--|--|---|
| Year 7     | Pupils will begin with an Introduction to ASDAN and life skills checklist.<br>Staff we ensure life skills courses support pupils to achieve their targets on their EHCP's.<br>Pupils will then begin to take part in Activities which will support them to develop the skills to become more independent.  | Introduction to ASDAN ( My skills) / life skills check list<br><br>Preparing a cold drink<br><br>(Life skills challenge) (Entry 1)             | Participate in a garlic bread enterprise project.<br><br>(Life skills challenge) (Entry 1) | Household Cleaning<br>(Life skills challenge) (Entry 1)         | Exploring and participating in a sensory story<br><br>(Life skills challenge) (Entry 1)    | Going Shopping<br><br>(Life skills challenge) (Entry 1)                                  | Hand hygiene<br><br>(Life skills challenge) (Entry 1)   |
| Year 8     | Pupils will begin with an Introduction to ASDAN and life skills checklist.<br>Staff we ensure life skills courses support pupils to achieve their targets on their EHCP's.<br>Pupils will then continue to take part in Activities which will support them to develop the skills to become more independent building on the skills learned in previous year.     | introduction to ASDAN ( My skills) / life skills check list<br><br>Preparing a hot drink<br><br>(Life skills challenge) (Entry 1)              | Planning and running a mini enterprise project.<br><br>(Life skills challenge) (Entry 1)   | Cleaning up In the kitchen<br>(Life skills challenge) (Entry 1) | Dance: to perform a dance routine to an audience.<br><br>(Life skills challenge) (Entry 1) | Going on a trip out in the community<br><br>(Life skills challenge) (Entry 1)            | Personal care and hygiene<br><br>(Life skills challenge) (Entry 1)  |
| Year 9     | Pupils will begin with an Introduction to ASDAN and life skills checklist.<br>Staff we ensure life skills courses support pupils to achieve their targets on their EHCP's.<br>Pupils will then continue to take part in Activities which will support them to develop the skills to become more independent building on the skills learned in the previous year. | Introduction to ASDAN ( My skills) / life skills check list<br><br>Buying a drink or snack in a café.<br><br>(Life skills Challenge) (Entry 1) | Planning and running enterprise projects<br><br>(Life skills challenge) (Entry 1)          | Cleaning own home<br><br>(Life skills challenge) (Entry 1)      | Participating in a drama production<br><br>(Life skills challenge) (Entry 1)               | Going out for something to eat in the community<br><br>(Life skills challenge) (Entry 1) | Develop understanding of daily health and hygiene routines which maintain good health and wellbeing.<br><br>(Life skills challenge) (Entry 1) |

| <i>By the end of KS3.....</i>  |                  |          |          |          |          |          |          |
|--|------------------|----------|----------|----------|----------|----------|----------|
| <i>Pupils will have developed a core set of life skills which they can apply to scenarios in school and at home. Pupils will have received ASDAN Entry 1 qualifications for the courses they have completed.</i> |                  |          |          |          |          |          |          |
| Year Group   | Intent/Rationale | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Year 10  |                  |          |          |          |          |          |          |
| Year 11  |                  |          |          |          |          |          |          |
| <i>By the end of KS4.....</i>  |                  |          |          |          |          |          |          |