

Year Group	Intent/Rationale	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	<p>Introduction to new PSHE curriculum All 6 core themes covered throughout the year (see below) Identity as first topic in order to develop a culture of tolerance within PSHE lessons, followed by puberty to ensure that pupils understand their changes bodies at the earliest opportunity (after building initial relationships with staff and feeling comfortable/confident to discuss this sensitive issue. Voting and elections covered in the summer term to coincide with when these events take place.</p>	<p>Identity Citizenship Nationalities</p>	<p>Puberty Body Development Periods Emotions</p>	<p>Communities Sleep Team Work Skills & Qualities</p>	<p>Drugs Gangs Knife Crime Peer Pressure</p>	<p>Voting General Elections Democracy Making Laws</p>	<p>Consent Friendships Toxic Masculinity Positivity</p>
Year 8	<p>All 6 core themes covered – one per half term. Focus on staying safe and acting within the law. Focus on self esteem and body image in Autumn term to ensure availability of specialist teacher (PE teacher within department). RSE topics have a greater focus on different types of relationships, building upon the understanding of their own bodies that was developed in year 7.</p>	<p>Self Esteem Body Image Budgeting & Finance Careers</p>	<p>Law Rights Society Community</p>	<p>LGBT Gender Issues Trans Issues</p>	<p>LGBT + Gender Love Consent Relationships Periods</p>	<p>County Lines (Gangs) Drugs Online Safety Alcohol</p>	<p>Health & Wellbeing Child Abuse Stress Management Healthy eating</p>
Year 9	<p>Five of 6 core themes covered. Greater focus on relationships and sex education in year 9 due to the maturity levels of learners. While there is no half termly focus on celebrating diversity, this topic is interweaved in other topics as pupils consider the thoughts and beliefs of</p>	<p>Terrorism Extremism Fake News Media</p>	<p>Consent FGM Contraception Sexual Health</p>	<p>Cannabis Illegal Drugs Drug Addiction Substance Abuse</p>	<p>First Aid Conflict Management Budgeting</p>	<p>Contraception HIV and AIDS STI's and STD's Risky Activities in relationships</p>	<p>Media & Airbrushing Grief & loss Cancer Prevention Body Confidence</p>

	others, and different appearances in the media.						
<i>By the end of KS3.....</i>							
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Year 10	Maturity levels of pupils in Key Stage 4 allow for more “heavy” content to be covered. There is balance in the curriculum to ensure that “negative” topics are followed by something lighter to ensure that PSHE lessons do not have an impact on the Emotional Health and Wellbeing of our learners.	British Values Human Rights LGBT	Emotional Wellbeing Mental Health Child Abuse Self Harm	Sexting Porn Sexual Abuse & Rape Domestic Violence	Consumer Rights Employment Rights Social Media Personal Finance	Honour Based violence Gambling Modern Day Slavery Knife Crime	Fair Trade Women’s Rights AID Peace & Conflict
Year 11	Focus on preparing for adulthood and life after school. Careers and CV writing is covered in the first half term to better prepare learners to make college applications (application process begins in October)	Careers CV Writing Interviews Personal Statements	Parenthood Pregnancy Love and Abuse Cancers Organ Donation and Medical Ethics	Contraception Cancer STIs and STD’s Sexual Health	Drugs Festivals Sexualisation of the Media		

Year Group	Autumn 1 04/09/23 27/10/23	Autumn 2 06/11/23 22/12/2023	Spring 1 08/01/24 09/2/24	Spring 2 19/02/24 22/03/24	Summer 1 08/04/24 24/05/24	Summer 2 03/06/24 19/07/24
7	Identity Citizenship Nationalities	Puberty Body Development Periods Emotions	Communities Sleep Team Work Skills & Qualities	Drugs Gangs Knife Crime Peer Pressure	Voting General Elections Democracy Making Laws	Consent Friendships Toxic Masculinity Positivity
8	Self Esteem Body Image Budgeting & Finance Careers	Law Rights Society Community	LGBT Gender Issues Trans Issues	LGBT + Gender Love Consent Relationships Periods	County Lines (Gangs) Drugs Online Safety Alcohol	Health & Wellbeing Child Abuse Stress Management Healthy eating
9	Terrorism Extremism Fake News Media	Consent FGM Contraception Sexual Health	Cannabis Illegal Drugs Drug Addiction Substance Abuse	First Aid Conflict Management Budgeting	Contraception HIV and AIDS STI's and STD's Risky Activities in relationships	Media & Airbrushing Grief & loss Cancer Prevention Body Confidence
10	British Values Human Rights LGBT	Emotional Wellbeing Mental Health Child Abuse Self Harm	Consumer Rights Employment Rights Social Media Personal Finance	Sexting Porn Sexual Abuse & Rape Domestic Violence	Honour Based violence Gambling Modern Day Slavery Knife Crime	Fair Trade Women's Rights AID Peace & Conflict
11	Careers CV Writing Interviews Personal Statements	Parenthood Pregnancy Love and Abuse Cancers Organ Donation and Medical Ethics	Contraception Cancer STIs and STD's Sexual Health	Drugs Festivals Sexualisation of the Media		

Key

Celebrating Diversity and Equality	Health and Wellbeing	Rights, Responsibilities and British Values	Staying Safe Online and Offline	Life Beyond School	Relationship and Sex Education
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